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Tikka Mossalla - mild

A truly well loved dish, and probably the most popular in UK. Made from Simmered Tomatoes, Fresh Cream, Mild Spices & Ground Almond.

Kashmir - mild

Cooked with Mild Spices, Fresh Cream & Banana.

Khurma - mild

A subtle blend of Coconut, Cardamom Powder, Mild Spices and Fresh Cream, a very Mild dish for all grand occasions.

Bhoona - medium

A dry style curry cooked with finely Chopped Onions, Tomatoes & Medium Spices.

Balti - medium

The Midlands pride that needs no introduction and can't be left out! Let us know if you want any additional Vegetables.

Rogon Josh - medium

Cooked in a special blend of Spices with Garlic. Almost dry with a Cubed Tomato topping.

Sagwala - medium

Sautéed Spinach, blended with Light Spice and Garlic.

Roshunwala - medium

Our old favourite, a dish for the health conscious diner. Fresh Garlic and Coriander based Medium Curry.

Korahi - medium / spicy

Perfectly balanced, moderately Spiced with Green Peppers, Onions, Tomatoes & Lemon Juice. A good dish for lovers of medium flavoured food.

Dhansak - hot, sweet & sour

A hot, Sweet & Sour dish cooked with Lentils, Chilli & Lemon.

Jalfrezi - hot

A mixture of lightly stir-fried Onions and Peppers with cut Green Chillies and Coriander. A dryer style of a dish.

Razeeala - hot

A Spicy dish, cooked with Fresh Yoghurt, Hot Chillies and Cubed Potatoes.

Naga Morchi Mossalla - extremely hot

A fiery hot Bangladeshi Chilli is used to give this dish the ultimate rush, a non-negotiator, "a curry with no mercy".

The above dishes are available in these variations below:

Chicken Tikka, Lamb or Shrimps	5.95
Bangladeshi Tiger Prawns	9.45
Duck or King Prawns	6.95
Mixed Vegetables	5.25
Sea Food Mix - Scallops, Tiger Prawns, King Prawns & Shrimps	11.45
Pundits Mix - Chicken Tikka, Lamb & Tiger Prawns	10.45

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	Side	Main
Egg Thai Pad Noodles	2.75	4.95
Chicken Thai Pad Noodles	3.50	6.50
Keema (minced lamb) Thai Pad Noodles	3.50	6.50
Vegetable Thai Pad Noodles	2.95	5.75

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	Side	Main
Nuvarathan Subzi - mixed vegetables	2.95	5.75
A mixture of Medium Spiced Vegetables cooked Dry or in Sauce.		
Begun Bartha - aubergines hot	3.45	5.95
Aubergines & Onions skewered in the Tandoori peeled, stir-fried with Green Chillies, Garlic, Coriander and a pinch of Salt.		
Pad Pak Kon - Chilli Spinach	3.25	5.95
Stir-fried Spinach with Roast Garlic & Fresh Chilli and Soy Sauce		
Kofa Banana	2.75	4.95
Cooked, Medium Spiced Chopped Banana.		
Sag Bhajee - spinach	2.75	4.95
Aloo Bhajee - bombay potatoes	2.75	4.95
Fulkabi Bhajee - cauliflower	2.75	4.95
Tarka Dal - lentils & garlic	2.75	4.95
Deresh Bhajee - okra/bendi	2.75	4.95
Sothrakh Bhajee - mushrooms	2.75	4.95
Chot Poti Bhoona - chick peas	2.75	4.95
Kidney Beans	2.75	4.95
Aloo Begun potato & aubergine	2.95	5.25
Sag Aloo - spinach & potato	2.95	5.25
Sag Paneer - spinach & cheese	2.95	5.25
Sag chana - spinach & chick peas	2.95	5.25
Sag sothrakh - spinach & mushrooms	2.95	5.25
Raitha - cucumber or onion	1.75	
Vegetable thali - a choice of any three above	7.45	

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Boiled Rice	1.80
Pilou Rice	1.80
Fried Onion Rice	1.95
Lemon Fried Rice	1.95
Egg Fried Rice	2.65
Egg & Peas Pilou Rice	2.65
Keema Pilou Rice	2.65
Mushroom Pilou Rice	2.65
Baby Corn Fried Rice	2.65
Vegetable Fried Rice	2.65

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Chapati	1.25
Plain Nan	1.45
Garlic Nan	1.75
Coriander Nan	1.75
Chilli Nan	1.75
Ginger Nan	1.75
Cheese Nan	1.75
Vegetable Nan	1.75
Peshwari Nan	1.75
Keema Nan	1.95
Mixed Nan - select your own filling	2.25
French fries	1.75



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authentic bangladeshi cuisine

fully licensed garden restaurant

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Take Away Menu

www.pundits-upton.co.uk

Our contemporary menu is an exciting fusion of Eastern & Western tastes.

We hope to embrace the modern attitude of eating and sharing new & different foods with friends & family.

(5.30pm - 11.30pm daily)

Orders & Reservations

01684 591119 / 591022

Eat Al-fresco in our pretty garden

Private function room available for parties

We offer an outside catering service. (minimum 30 people)

Reservations advisable on weekends and festive periods

Allow around 20 minutes for the preparation of your order

A home delivery service is available within a 5-mile radius of Pundits. (Minimum order of 25 pounds). The home delivery order must be placed by 6.30pm.

9 Old Street, Upton-Upon-Severn

Worcs. WR8 0HN

appetizers

Papadums plain or spiced	0.50
Chutneys & Pickles – per portion	0.50
Sweet Mango Chutney, Mixed Pickles, Onion & Tomato Salad or Mint Sauce	
Pundits Tamarind & Chilli sauce	0.75
Pundits Tamarind & Tomato sauce	0.75
Pundits Chilli & Mango sauce	0.75
Pundits selection to share	5.95
A selection of our best loved starters, which can be adapted for Vegetarians. (serves 2 persons)	

vegetarian

Piazi – Onion Bhajee (3)	2.25
Garlic Baked Mushrooms	2.50
Whole Mushrooms, topped with a Cheese & Tomato flavoured Puree	
Somosa (2)	2.50
Triangular Pastry filled with Spiced Vegetables	
Chot poti	2.50
Chick Peas, with Medium Spices in a Tamarind Sauce	
Subzi Cutlets (2)	2.50
Spicy Vegetables & Mashed Potatoes with fresh Coriander, coated with Breadcrumbs and deep-fried to a golden Croquette.	
Stuffed Aubergines with Spiced Vegetables	3.25
Stuffed Peppers with Spiced Vegetables	2.95
Fresh Green Salad with Olive & Tamarind Relish	1.95

fish & prawns

Bangadeshi Tiger Prawns on Puree	4.75
Famous large Tiger Prawns delicately cooked in a Medium or Spicy Sauce, served on deep-fried, puffed Poori Bread.	
Shrimps on Puree	3.50
Shrimps delicately cooked in a Medium or Spicy Sauce, served on deep-fried, puffed Poori Bread.	
Chitoler Bora (2)	3.25
Knife Fish, renowned in Bangladesh, shaped to Spiced Kebabs.	
Thai Fish Cakes (4)	2.95
Prawn Balls (4)	2.95
Fried Shrimp Tails	2.95
King Prawn Stir-fry	3.95
Chilli Infused Grilled Salmon (Hot)	3.95

chicken & lamb

Tamarind Chicken	2.95
Cubed Breast of Chicken, cooked in a tasty Tamarind Sauce.	
Stuffed Aubergines (Chicken or Minced Lamb)	3.45
Stuffed Peppers (Chicken or Minced Lamb)	3.25
Somosa (2)	2.50
Triangular Pastry filled with Spiced, Minced Lamb	

tandoori & main courses

Sheek Kebab – spiced minced lamb	2.95	5.95
Tandoori Chicken – leg or breast	2.95	5.95
Chicken Tikka	2.95	5.95
Lamb Tikka	2.95	5.95
Bangladeshi Tiger Prawns	4.95	9.95
Pundits Platter	3.95	10.95
Starter Platter includes pieces of Chicken Tikka, Lamb Tikka and Sheek Kebab. Main course Platter will include Chicken Tikka, Lamb Tikka, Sheek Kebab, Tandoori Chicken and a choice of Nan Bread.		
Borisa Skewers – King Prawns	3.95	7.95
King Prawns marinated with our Special Sauce & Grilled over.		
Shashlick Kebabs	3.45	6.95
Chicken Tikka or Lamb Tikka marinated with Pundit's Sauce and Grilled with Cubed Green Peppers, Onions & Tomatoes, served with Tasty Relish.		

fusion

Mustard, Coriander Salmon	9.95
Salmon Steak marinated with Spiced Yoghurt, Grilled whole, served with Mixed Potato & Sweetcorn Bhoona and Fresh Salad.	
Mango Chicken	8.95
Marinated Chicken breast Grilled & stuffed with a Soft, Warm, Sweet, Mango Coolie. Served with Pilou Rice & Tamarind Tomato Salad.	
Orange Duck Jalfrezi	9.45
Confit of Duck cooked Jalfrezi style with an Orange Twist, served with Pilou Rice.	
Mixed Thai Noodles	9.95
Thai style Noodles, stir-fried with Chicken Tikka, Lamb & King Prawns, served with Potato & Kidney Bean Bhoona.	
Chitol Kufra	9.95
Minced Knife Fish, cooked with Cinammon and Bay Leaves, served with Pilou Rice.	
Nasi Goreng	8.95
Egg Fried Rice with Chicken & King Prawns, with Soy Sauce & Fresh Green Chilli, served with Spiced Potato & Kidney Beans.	
Pundits Platter Tamarind Chilli	12.50
Tandoori King Prawns, Tandoori Chicken, Chicken Tikka & Lamb Tikka stir-fried with Green Peppers & Onions in a Garlic & Tamarind Chilli Sauce, served with a Fresh Olive Salad & Pilou Rice.	
Vegetable Pad Thai Noodles	7.25
Spring Vegetables, stir-fried with Fresh Garlic & Tomato Chilli Sauce, served with Potato & Cauliflower.	
Pundits Fusion Fish Supreme	12.95
Medium spiced Tiger Prawns, King Prawns & Scallops, with Sweet Peppers & Roast Garlic, served with Vegetable Bhuna & Pilou Rice.	
Orange Chicken Jalfrezi	8.95
Spiced Chicken Breast fillet, topped with an Orange infused Jalfrezi Sauce, served with Pilou Rice.	
Lamb Methi	9.45
Tandoori Lamb Fillet, slow cooked with Fresh Fenugreek Leaves & Red Peppers, served with Mix Vegetable & Garlic stir-fried Rice.	
Chilli Mango Sea Bass	9.95
Pan-fried Sea Bass layered in a Spicy, Chilli & Mango Sauce, served with Boiled Rice and Fresh Salad.	
Scallop & Hot Spinach Bhoona	9.95
Cooked with Spinach, fresh Chilli & generous helping of Coriander, served with Pilou Rice.	

Pundits Elite Banquet (minimum 2 persons) . . .12.95 per person

Highly recommended for groups and parties, affording everyone a taste of a wonderful selection of dishes that vary in strength of heat & spices. Your Banquet will be discussed with you. your party and prepared with you in mind. It'll include Papadums & Pickles, selection of Starters, Main courses accompanied with Vegetables Side Dishes, Rice and Nan Breads.

pundit's specialties

Tawa – medium

Cooked with chopped Peppers, Half Tomatoes & our own Garam Massallah in Olive Oil.

Morchi Rashun (garlic chilli) – hot

For this dish whole Cloves of Garlic and Slit Green Chillies are mixed with a few selected Spices making this a must for hot Curry lovers.

Shathkora – medium

Shathkora is a rare Citrus Fruit which grows in a small area of Bangladesh. It's got a very distinctive aroma and gives a Tasty Piquancy to this Medium dish.

Makhni (cheese) – mild

An ancient recipe using Cheese, Tomato and Mild Spices.

Tripuras Keema Massalla – medium & spicy

A recipe favoured by the emperors of the Tripura kingdom using the finest Minced Lamb and Chillies to form a fine Rich Sauce.

Shorisha (mustard) – medium

Medium spiced dish cooked with Tomato Halves and French Mustard. A different Curry that requires an acquired taste.

Talk Jal Mishty – hot, sweet & sour

A mixture of Chillies, Honey, Sliced Tomatoes and Tamarind are simmered to produce a delicious sauce for this tasty dish.

The above dishes are available in these variations below:

Chicken Tikka, Lamb or Shrimps	6.95
Bangladeshi Tiger Prawns	9.95
King Prawns	7.95
Duck	7.95
Mixed Vegetables	5.95
Pundits Mix – Chicken Tikka, Lamb & Tiger Prawns	10.95
Sea Food Mix – Scallops, Tiger Prawns, King Prawns & Shrimps	11.95
Akhinee (birany) – mild/medium	
A truly majestic dish, a mix of long grain Pilou Rice with your choice of Meat, Seafood or Vegetables, stir-fried with selected light Spices and garnished with Sliced Tomatoes & Cucumbers. Served with a side dish of Mixed Vegetable Bhuna. A 'Birany' style of dish.	
Chicken Tikka Lamb or Shrimps	6.95
Bangladeshi Tiger prawns	9.95
Mixed Vegetables	6.45

Pundits Akhinee Special

9.95
A combination of Chicken, Lamb and Shrimps Stir-Fried with Pilou Rice with Tiger Prawn & Mix Vegetable Bhuna as side dish.